

Bug Out Bag (1 per adult, min.)

- Backpack
- 3-Day Assault Pack

Water & Hydration

- Drinking Water (3 Liters)
- Collapsible Water Bottle
- Hard Water Bottle
- Metal Water Bottle / Canteen
- Water Filter / Purification System
- Water Purification Tablets

Food & Food Preparation

- Protein / Energy Bars (Qty 6)
- MREs / Dehydrated Meals (Qty 3)
- Dried Fruits
- Dried Meat
- Nuts
- Coast Guard Rations
- Spork
- P-38 Can Opener
- Metal Cooking Pot
- Metal Cup
- Pot Scrubber
- Portable Stove
- Stove Fuel (Qty 8 Tablets)

Clothing

- Lightweight Long Sleeve Shirt
- Pants
- Underwear
- Wool Hiking Socks (Qty 3 pair)
- Medium Weight Fleece
- Hat w/ Flex Brim
- Work Gloves
- Rain Poncho
- Shemagh / Head Neck Scarf

Shelter & Bedding

- Tarp
- Hammock
- Sleeping Bag / Bivvy
- Ground Pad
- Wool Blanket
- Tent

Fire & Fire Starters

- Ignition Source (Qty 3 types)
- Tinder (Qty 3)
- Waterproof Storage

First Aid

- First Aid Kit

Insect Repellant

Hydrocortisone

Mylar Survival Blanket

Trauma Kit

Hygiene

Wet Napkins

Hand Sanitizer

All-Purpose Camp Soap

Small Pack Towel

Personal Hygiene Needs

Travel Toilet Paper (Qty 2)

Tools

Survival Knife (Fixed Blade)

Survival Knife (Folding Blade)

Hatchet / Machete

Multi-Tool

Camping Trowel/E-Tool

Crowbar

Lighting

LED Headlamp

Mini LED Keychain Light

LED Flashlight

Candle

Chem Lights

Communications

Cell Phone

Emergency Radio w/ Hand Crank

Two-Way Radios

Solar Panel /Power Bank

Weatherproof Notepad & Pen

Survival Document Portfolio

\$500-\$1000 in Small Bills

Quarters (Qty 8)

Copies of Personal Documents

Protection & Self Defense

Pepper Spray

Air Horn

Snap Bangs

Signaling & Navigation

Signal Mirror

Local Area Map

Compass

Emergency Whistle

Personal Protective Equipment

- Sunglasses/ANSI Z87.1 eye protection.
- N95 Face Mask
- Nitrite Gloves

Miscellaneous

- 550 Parachute Cord (50')
- Cotton Bandana
- Duct Tape (25')
- 55 Gal. Contractor Garbage Bag (Qty 2)
- Resealable Bags (Qty 5, Various Sizes)
- Sewing Kit
- Latex Tubing (3')
- Fishing Kit
- Non-Lubricated Condoms
- Binoculars (Optional)
- Face Paint
- Military Surplus Survival Wire
- Deck of Playing Cards
- Survival Handbook